

~ Dream Worksheet Overview ~

Invest in Dreaming

By investing, I mean spending time dreaming about your life.

Step 1: Write out your dreams within each of these categories.

(Feel free to add your own.)

- •Big Dreams
- •Fun Dreams
- •Things to be
- Things to do
- Things to have
- Spiritual Dreams
- Financial Dreams
- Physical Dreams
- Creative Dreams
- Business Dreams
- •Inventive Dreams
- •World Influencer Dreams
- Legacy Dreams
- •Health Dreams
- •Family Dreams
- •Relationship Dreams

Step 2: Discover your passion level for your dreams

- •Read each dream aloud
- •Rank each Dream 1 10 based on the passion attached to it
 - 1 has the least passion attached to it
 - 10 has the most passion attached to it

Step 3: Become emotionally invested in these dreams

- •Write how your life would look if these dreams became reality.
- •How would it make you feel?
- •How would it effect your family, your friends?
- •What lasting impact would it make in the lives of others?