



~ Dream Worksheet Overview ~

Invest in Dreaming

By investing, I mean spending time dreaming about your life.

Step 1: Write out your dreams within each of these categories.

(Feel free to add your own.)

- Big Dreams
- Fun Dreams
- Things to be
- Things to do
- Things to have
- Spiritual Dreams
- Financial Dreams
- Physical Dreams
- Creative Dreams
- Business Dreams
- Inventive Dreams
- World Influencer Dreams
- Legacy Dreams
- Health Dreams
- Family Dreams
- Relationship Dreams

Step 2: Discover your passion level for your dreams

- Read each dream aloud
- Rank each Dream 1 - 10 based on the passion attached to it
 - 1 has the least passion attached to it
 - 10 has the most passion attached to it

Step 3: Become emotionally invested in these dreams

- Write how your life would look if these dreams became reality.
- How would it make you feel?
- How would it effect your family, your friends?
- What lasting impact would it make in the lives of others?

